

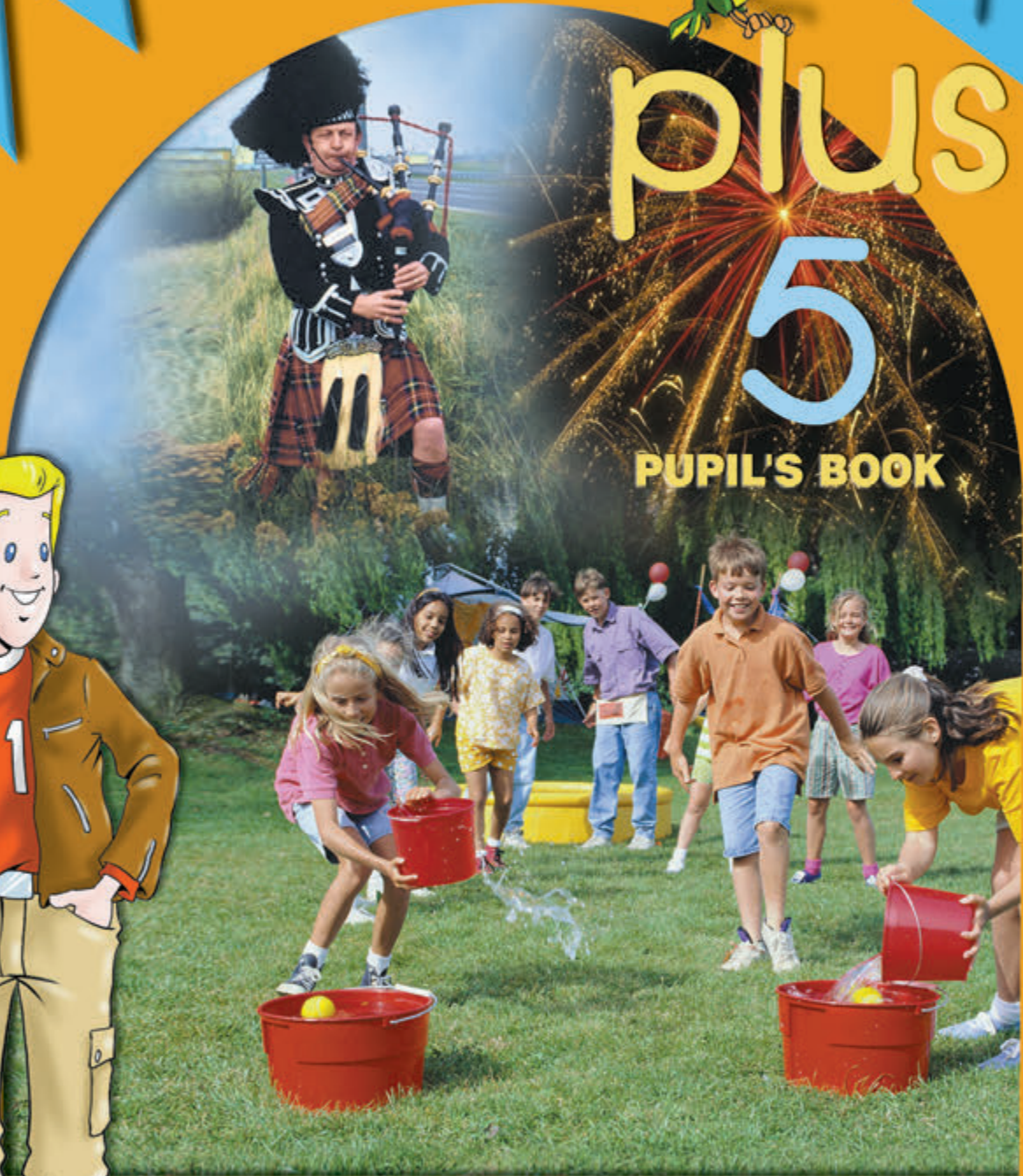
# WELCOME



plus

5

PUPIL'S BOOK



Elizabeth Gray-Virginia Evans




Express Publishing



# Unit 4


# Round the clock!

1  Listen and repeat.




rollerblades



2  Listen and underline.

- 1 Kamal usually gets up at 6:15/6:30.
- 2 Kamal's mum/dad takes him to school.

3  Now, listen again and read.



1 Oscar: Hi, Kamal! Is this your shop?  
 Kamal: Well, it's my dad's shop and I help him!  
 Oscar: Oh? What time do you get up?  
 Kamal: I get up at 6:30 every morning.  
 Oscar: That's early!

2 Kamal: How do you get to school?  
 Oscar: I usually go on my rollerblades, but sometimes I go by bus.  
 Kamal: Oh, really? My dad always takes me to school!

3 Oscar: Where's your dad now?  
 Kamal: He's in the car outside. It's 8:30, Oscar! It's time for school!

4 Woman: Excuse me! I want a kilo of mangoes, please.  
 Kamal: Don't worry, Mrs Moffet! That's Iggy, my pet iguana! He sometimes sleeps in the fruit!  
 Oscar: Cool! Bye, Kamal! See you at school.

4 Read again and write.

Kamal always gets up at 1) 6:30 every morning. He helps his 2) ..... in the shop. Then he goes to school at 3) ..... His dad takes him to school in his 4) ..... Iggy, Kamal's pet 5) ....., sometimes sleeps in the 6) .....

5 Listen and repeat, then talk with your friend.



- |                        |                       |
|------------------------|-----------------------|
| 1 • on my rollerblades | 3 • on foot           |
| • by bus               | • by taxi             |
| 2 • on my bike         | 4 • on the school bus |
| • by car               | • by train            |



I get up at 6:30 every morning. Does she go shopping on Saturdays? Yes, she does./No, she doesn't. They do not (don't) watch TV in the evenings.

6 Read and write.



Tony La Bianco is a "pet hairdresser"! Tony 1) gets up (get up) at eight o'clock every morning. He 2) ..... (have) a shower, 3) ..... (get) dressed, then he 4) ..... (have) breakfast. He usually

5) ..... (catch) the bus to work. Tony 6) ..... (work) at Gigi's styling salon. He 7) ..... (cut) and 8) ..... (style) dogs' hair! "I usually 9) ..... (start) work at nine o'clock and 10) ..... (finish) at five in the afternoon," he 11) ..... (say).

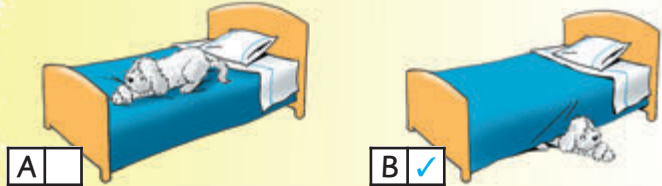
Tony 12) ..... (like) his job because dogs 13) ..... (not complain)! Tony's pet dog, Tara, is very lucky! Tony 14) ..... (groom) her hair every week!

• Now choose the best title.

- A Tony's new dog!
- B A stylish job!
- C A day at Gigi's styling salon!

7 Listen and tick (✓).

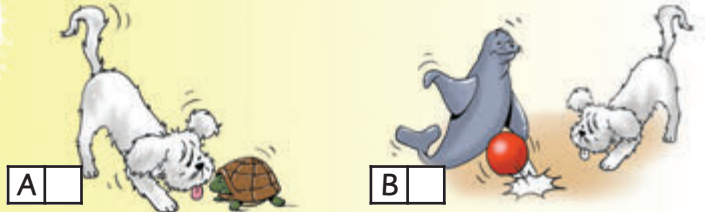
1 Where does Rocky sleep?



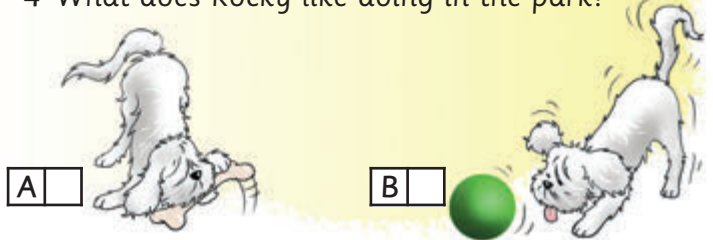
2 What does Rocky like eating?



3 Who's Rocky's best friend?



4 What does Rocky like doing in the park?



• Now, ask and answer.

- 1 A: Where does Rocky sleep?  
B: He sleeps under Oscar's bed.



# Unit 4

## 8 Read, talk with your friend and underline.

- 1 Elephants usually live for 70/100 years.
- 2 Sharks swim/don't swim when they are asleep.
- 3 Rhinos can/can't walk underwater.
- 4 Dogs can't/can see colours.
- 5 Whales can stay under water for 1/10 hour(s).
- 6 Lions usually eat/don't usually eat every day.
- 7 Tigers hunt in the day/at night.
- 8 Pandas spend 12/6 hours a day eating.

• Now, check your answers with your teacher.

## 9 Read and match.



- A: Good morning, sir.      a No, I go by car.  
 B: 1) **b**      b Oh, hello!  
 A: Can I ask you some questions?      c Yes, I never go to bed late!  
 B: 2) .....      d Yes, of course!  
 A: What time do you usually get up?      e I sometimes go to the gym.  
 B: 3) .....      f At 7:00 in the morning.  
 A: Do you go to work by bus?  
 B: 4) .....  
 A: What do you do after work?  
 B: 5) .....  
 A: Do you usually go to bed early?  
 B: 6) .....  
 A: Thank you for your time. Goodbye!

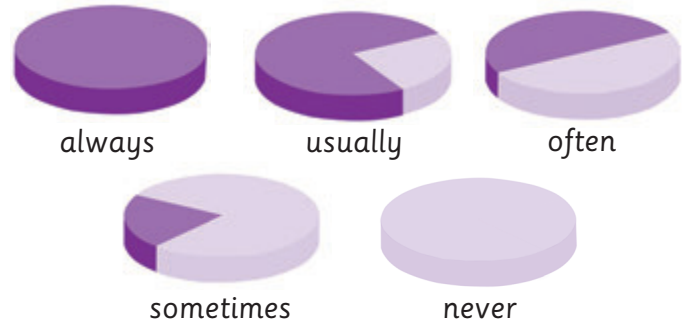
• Now, interview your partner.

## 10 Read and write: make, do, have, go.

- |                        |                       |
|------------------------|-----------------------|
| 1 <b>have</b> a shower | 5 ..... piano lessons |
| 2 ..... the beds       | 6 ..... my homework   |
| 3 .... the washing-up  | 7 ..... dancing       |
| 4 ..... jogging        | 8 ..... shopping      |

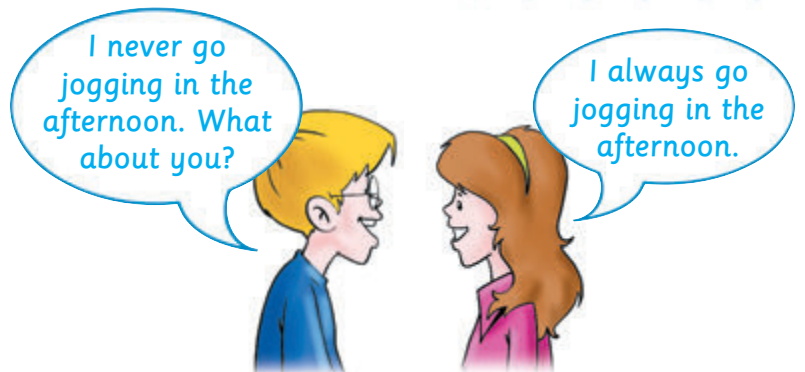


We always go shopping on Saturdays.  
 Do you often watch TV at night?  
 He doesn't usually take the bus to work in the mornings.



## 11 Read and put a tick (✓), then talk with your friend.

	always	usually	often	sometimes	never
go jogging in the afternoon					
go shopping on Saturdays					
catch the bus to school					
go to school on foot					
make my bed					
cook supper					
have a shower in the morning					
do my homework in the evening					
brush my teeth at night					

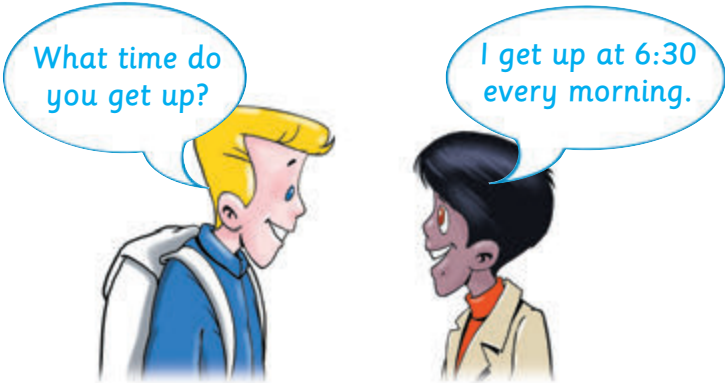


12 Listen and choose.



- 1 It's ...  
a) 7:30.                      b) 4:30.
- 2 The professor needs...  
a) rollerblades.              b) a car.
- 3 It's ...  
a) Monday.                    b) Sunday.

13 Listen and repeat, then talk with your friend.



- |                   |                     |
|-------------------|---------------------|
| • get up?         | • do your homework? |
| • have breakfast? | • have supper?      |
| • go to school?   | • go to bed?        |
| • finish school?  |                     |

14 Look, read and write.

- Carmen is 1) always very busy  
 2) **on** Saturdays!  
 3) ..... the morning, she 4) ..... gets up early and goes jogging. Then, she helps her mother in the house. She makes the beds and 5) ..... does the washing-up.  
 6) ..... the afternoon, Carmen visits her grandparents and she 7) ..... walks their dog, Nell, in the park.  
 8) ..... Saturday evenings, Carmen  
 9) ..... goes to the cinema. Then, she has supper with her friends. They  
 10) ..... have pizza. Saturdays are busy, but Carmen enjoys them!

15

# Project

Write about what you usually do on Saturdays.  
 Start like this:

I am always very busy on Saturdays!  
 In the morning, .....  
 .....  
 Saturdays are busy, but I love them!





# Unit 5

## What time does the game start?

1 Listen and repeat.



2 Listen and write **yes** or **no**.

- |                                   |       |  |       |
|-----------------------------------|-------|--|-------|
| 1 Oscar does not like basketball. | ..... | 3 Oscar and Lia can go ice skating after the game. | ..... |
| 2 The game starts at 5:30.        | ..... | 4 Oscar wants to meet Jack's team.                 | ..... |

3 Now, listen again and read.



1 Lia: Hi, Oscar! It's Lia.  
Oscar: Oh, hi, Lia!  
Lia: Oscar, do you like basketball?  
Oscar: Yes. I love it!  
Lia: Oh, good! My dad's a sports reporter. He's got tickets for the game tonight.

2 Oscar: Great! What time does it start?  
Lia: It starts at 7:30. We can go bowling after the game.  
Oscar: Bowling? Oh, let's go ice skating. I like ice skating!  
Lia: OK. See you tonight!

3 Oscar: Jack Michaels is my favourite player. Look at him! He can jump like a kangaroo!  
Dad: Oh, so you like Jack Michaels.  
Oscar: Definitely! He's great!

4 Dad: Hey, Oscar! Meet Jack Michaels!  
Oscar: Er, ah, p..p..pleased to meet you!  
Jack: Hi! How are you? Would you like to meet the team before we go?  
Oscar: I'd love to. Thanks!  
Jack: No problem!

4 What / who are they talking about? Read and circle.

- Yes! I love it!  
basketball / bowling
- He's got tickets for the game tonight.  
Jack Michaels / Lia's father
- It starts at 7:30.  
the game / the team
- Look at him!  
Oscar / Jack Michaels

5 Listen and repeat, then talk with your friend.



Now, ask and answer.



It's great!  
It's interesting!  
It's wonderful!  
It's great fun!

It's boring!  
It's dangerous!  
It's difficult!  
It's awful!

- A: Do you like bowling?  
B: Yes, I do. I think it's great!
- A: Do you like table tennis?  
B: No, I don't. I think it's boring!



I can dance.  
Peter cannot  
(can't) swim.

Can you sing?  
Yes, I can. /  
No, I can't.

TV GUIDE / TUESDAY			
7:30	Basketball game	10:15	Quiz show
8:30	News	11:45	Sports news
9:00	Comedy		

6 Look and match.



- |                |          |                 |       |
|----------------|----------|-----------------|-------|
| 1 bowling      | <b>B</b> | 5 scuba diving  | ..... |
| 2 table tennis | .....    | 6 martial arts  | ..... |
| 3 gymnastics   | .....    | 7 ice skating   | ..... |
| 4 hang-gliding | .....    | 8 rollerblading | ..... |

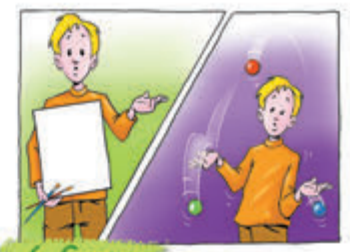
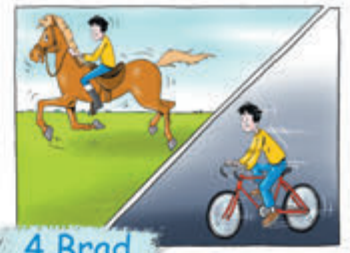
7 Look and say.



- A: Sam can jump.  
B: He can swim, too!



- A: Becky can't dance.  
B: She can't sing, either!







I always have breakfast before I go to school.  
I usually do my homework after I have my supper.

8 Look and say, then write.



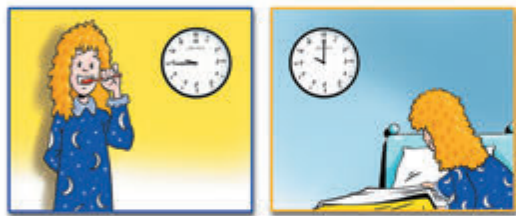
have breakfast/  
have a shower

1 I always have breakfast after I have a shower.



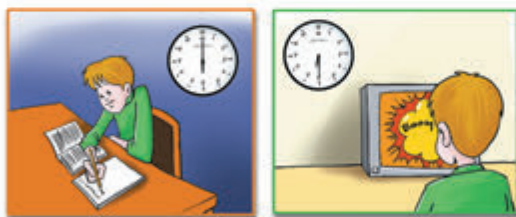
go jogging/  
have supper

2 I always go jogging before .....



brush my teeth/  
go to bed

3 .....



watch TV/  
do my homework

4 .....



cook a meal/  
go shopping

5 .....



9 Listen and choose the best title.

How to Become a Sumo Wrestler!

1 JAPAN'S NATIONAL SPORT!

2 Join our Sumo Wrestling Club!

Sumo wrestling is one of the martial arts. It is the national sport of Japan.

Sumo wrestlers are usually quite tall and very fat! They eat a special stew every day to make them big and strong! The wrestlers live and train in schools called "stables"!

At the beginning of each match, the wrestlers clap their large hands together. Then, they show their open hands to each other and stamp the floor. They rinse their mouths with water, then throw salt in the air. Now, the sumo wrestlers are ready and the match begins! Each match usually lasts about five minutes.

At the end of the match, the wrestlers bow their heads to each other. The loser leaves the ring first.

Sumo wrestling is an interesting sport. Watch it and see for yourself!



10 Read the text and match.

- |         |   |
|---------|---|
| 1 stew  | a bend your head down                   |
| 2 train | b clean with water                      |
| 3 stamp | c put your foot down hard on the ground |
| 4 rinse | d thick soup with meat and vegetables   |
| 5 bow   | e prepare for a sport by exercising     |

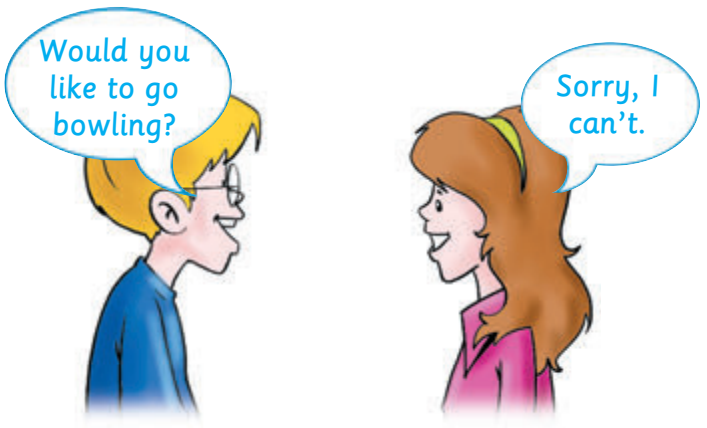




**11** Now, read the text again and correct.

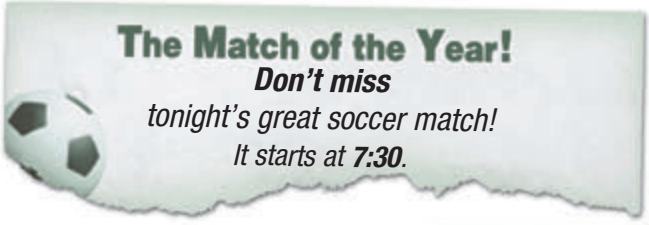
- 1 Sumo wrestling is the national sport of China. **Wrong! Sumo wrestling is the national sport of Japan!**
- 2 Sumo wrestlers are very tall and thin.
- 3 They eat a special sandwich every day.
- 4 They throw pepper in the air.
- 5 They rinse their mouths with lemonade.
- 6 Each match usually lasts about 20 minutes.

**12** Listen and repeat, then talk with your friend.



- meet the team?
- go bowling?
- watch a film?
- go ice skating?
- go hang-gliding?
- go scuba diving?

**13** Read and fill in.



Dear Carmen,  
 I've got two tickets for the soccer match tonight. It starts at 7:30. Would you like to come with me? We can meet outside the stadium at 7:15!  
 We can go for a burger after the match! Call me and let me know before 5 o'clock.  
 Thanks,  
 Kamal

- meet outside stadium at .....
- go for a ..... after match?
- call me before .....

**14** Read again and answer the questions.

- 1 Why does Kamal want to meet Carmen?
- 2 When does the match start?
- 3 Where does Kamal want to meet Carmen?
- 4 What can they do after the match?

Put it in Writing

**15** You've got two tickets for a volleyball match. Write a note to your friend. Start like this:

Dear .....,  
 I've got .....  
 .....  
 .....  
 .....  
 .....  
 Thanks,  
 .....



# Unit 6

# A summer of adventure!

## 1 Listen and repeat.



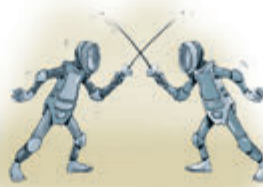
playing field



golf



canoeing



fencing



drama



art and crafts

## 2 Listen and complete.

- 1 A visit to Camp McCullen is an excellent way to spend your .....
- 2 Take a fencing lesson or join the ..... group.
- 3 After breakfast, it's fun and ..... for the rest of the day.

## 3 Read and choose a title for each paragraph.

- |  |                                   |
|--|-----------------------------------|
| A <i>Plenty of things to do!</i>           | D <i>From morning to evening!</i> |
| B <i>Parents evening!</i>                  | E <i>Fill in your form now!</i>   |
| C <i>A great way to spend your summer!</i> |                                   |

## Camp McCullen: A Summer of Adventure!

by Carmen Monroe



1  C

A visit to Camp McCullen is an excellent way to spend your summer. Believe me — I go there every year and I always have a fantastic time!

2

Camp McCullen offers plenty of activities and you can choose how to spend your day. Do you like team games? You can play volleyball, hockey or soccer — Camp McCullen has three large playing fields! You can play golf and tennis or go sailing or canoeing on the lake. There's something exciting to do every day. Would you like to try something new? Then take a fencing lesson or

join the drama group or the Art and Crafts class. There are helpful and friendly Team Leaders to teach you anything you want to know!

3

Campers usually get up early for a big breakfast to start their day. After breakfast, it's fun and games for the rest of the day (we stop for lunch, of course). In the evenings, there's lots more fun: quizzes, games, films and music.

4

Camp McCullen is waiting for you this summer. Don't delay — get your form today!

You can find more information at [www.campmccullen.co.uk](http://www.campmccullen.co.uk)





4 Read again and fill in. Then, talk about Camp McCullen.



Mime what you do in your free time. The rest of the class try to guess the activity.

P1: (mimes soccer) What do I do in my free time?

P2: Do you play volleyball?

P1: No, I don't.

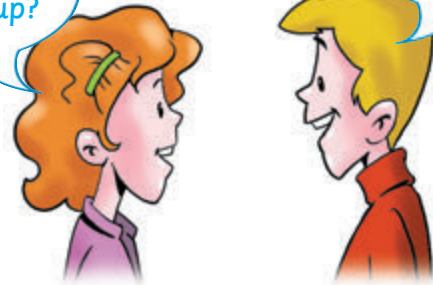
P3: Do you play soccer?

P1: Yes, I do.

9 Ask and answer.

What time do you get up?

I get up at 8:00 o'clock.



At Camp McCullen you can play volleyball, ...

5 About you: ask and answer.

- 1 What's your favourite sport?
- 2 Do you enjoy playing in a team?
- 3 Do you go to summer camp?
- 4 What can you do there?

6 Match and say.

- |           |   |           |
|-----------|---|-----------|
| 1 playing | ↘ | a group   |
| 2 ice     |   | b tennis  |
| 3 scuba   |   | c riding  |
| 4 drama   |   | d field   |
| 5 martial |   | e diving  |
| 6 table   |   | f match   |
| 7 soccer  |   | g skating |
| 8 horse   |   | h arts    |

What time/ get up?



How/get to school?



7 Read and write: do, go, play.

- |      |         |              |       |              |            |
|------|---------|--------------|-------|--------------|------------|
| 1 go | sailing | 7            | ..... | hang-gliding |            |
| 2    | .....   | badminton    | 8     | .....        | gymnastics |
| 3    | .....   | soccer       | 9     | .....        | golf       |
| 4    | .....   | scuba diving | 10    | .....        | fencing    |
| 5    | .....   | volleyball   | 11    | .....        | canoeing   |
| 6    | .....   | table tennis | 12    | .....        | bowling    |

What/like/ do/free time?



What/ favourite sport?



8 Listen and repeat.



That thistle there has got thousands of thorns!

10



What do these people want to buy? Listen and write the letters in the boxes.

- |           |                            |          |                          |
|-----------|----------------------------|----------|--------------------------|
| Debbie    | <input type="checkbox"/> B | 3 Sharon | <input type="checkbox"/> |
| 1 Michael | <input type="checkbox"/>   | 4 Alan   | <input type="checkbox"/> |
| 2 Jilly   | <input type="checkbox"/>   | 5 Gareth | <input type="checkbox"/> |



## 11 Read and complete.

Lessons	FENCING	SWIMMING	ART & CRAFTS
Monday		4:00	
Tuesday	5:30		
Wednesday			7:00
Thursday	5:30		
Friday			7:00
Saturday		11:00	
Sunday		11:00	

**A**  
 Woman: Hello, can I help you?  
 Boy: Yes, I'd like to take swimming lessons.  
 Woman: OK. Swimming lessons are on Mondays, 1) ..... and Sundays.  
 Boy: What time do the lessons start?  
 Woman: On Mondays at 4 o'clock, but on Saturdays and Sundays at 2) .....

**B**  
 Girl: Hello, I want to start Art and Crafts classes.  
 Woman: Fine. They're on 3) ..... and Fridays.  
 Girl: In the morning?  
 Woman: No, they are in the evening, at 4) .....

**C**  
 Woman: Yes?  
 Man: Oh, hello! Do you have fencing lessons here?  
 Woman: Yes, sir. Every Tuesday and 5) .....  
 Man: Oh, good! What time are they?  
 Woman: They're at 6) ..... in the evening, sir.



**12 Look and answer.**

- 1 Where can you find this text?  
a in a magazine      b in a book
- 2 What do you think it is about?  
a a seaside holiday  
b a summer camp for young people

**13 Read and put the paragraphs in the right order (1-3).**

**14 Read the brochure again and put a tick (✓) or a cross (x).**

- 1 Camp Sunrise is in Scotland.
- 2 Camp Sunrise is in the city centre.
- 3 The camp is next to a lake.
- 4 You can go to the camp in January.
- 5 Anyone under 12 can go to the camp.
- 6 You can go canoeing at Camp Sunrise.

**15 Choose the best picture for the brochure.**



A



B

**Put it in Writing**



**16 Write a brochure for Camp Adventure.**

Start like this:

Camp Adventure  
The summer camp for you!  
Camp .....

.....

.....



# CAMP SUNRISE

The summer camp for you!

..... **Activities**  
At Camp Sunrise you can enjoy all the following activities:

- volleyball
- drama
- sailing
- Art and Crafts
- canoeing
- games
- tennis
- films
- golf
- music

.....

Every summer is a fun summer at Camp Sunrise.  
Join us and have the time of your life!

**DON'T DELAY  
GET YOUR FORM TODAY!!!**

..... Camp Sunrise is situated in the beautiful Scottish countryside, next to a clear blue lake. The camp is open all summer from May to September. Anyone over the age of 12 is welcome.

The summer camp for you!





# Modular Revision and Assessment 2

## Vocabulary

**A** Look, read and write. (10 marks)



scuba diving



martial arts



ice skating



gymnastics



bowling



hang-gliding

e.g. You can exercise in a gym for these activities.

- In this sport you wear special shoes and move on ice. ....
- You need a big black ball for this sport. ....
- When you do this sport, you swim underwater. ....
- With this sport you can go up in the sky. ....
- These sports teach you how to fight and protect yourself. ....

**gymnastics**

10

**B** Read, choose and fill in. (10 marks)

wonderful, trains, lasts, playing field, boring, Art and Crafts, kangaroos, rollerblades, drama, clap, catch

e.g. She likes ice skating. She thinks it's **wonderful!**

- ..... live in Australia.
- The lesson ..... two hours, from 4:00 to 6:00.
- He loves ..... lessons! He wants to be an actor.
- I don't like bowling. I think it's ..... !
- We make really nice things in our ..... lessons.
- At the beginning of the match, the wrestlers ..... their hands together.
- He wants to be a wrestler, so he ..... every day.
- Every morning he runs to the bus stop to ..... the bus.

- He went to the ..... to play soccer.
- I want a pair of new ..... for my birthday.

10

## Grammar

**C** Read and write. (10 marks)



Iggy usually e.g. **sleeps** (sleep) under a special lamp in his cage. Every week Kamal 1) ..... (put) Iggy in the bath so he can swim. Iggy 2) ..... (love) swimming! Kamal's sister, Anita, 3) ..... (have got) a pet cat. She's called Kitty. Iggy and Kitty often 4) ..... (play) together. They 5) ..... (be) good friends! Iggy's favourite food 6) ..... (be) mangoes. Sometimes Kamal 7) ..... (take) Iggy to his dad's shop. Iggy 8) ..... (like) the shop because there 9) ..... (be) a lot of mangoes there! He sometimes 10) ..... (sleep) under the mangoes. He's very funny!

10

**D** Circle the correct word. (11 marks)

- e.g. Do / **Does** John work in a bank?
- Are / Do they do gymnastics?
  - What time is / does the game start?
  - Anne can swim / swimming.
  - Dad like / likes watching soccer on TV.
  - Andy doesn't / don't work in the afternoon.
  - My parents sleeps / sleep in the afternoon.
  - Are / Do you often go hang-gliding?
  - The film start / starts at eight.
  - She drinks / drinking a lot of water every day.
  - Bob go / goes jogging in the morning.
  - Todd and Gary don't / doesn't go to the same school.

11

**E** Fill in **before** or **after**. (10 marks)

- e.g. I get dressed **after** I get up.
- She makes her bed ..... she gets up.
  - We wash our hands ..... we eat.
  - We brush our teeth ..... we have dinner.
  - He gets dressed ..... he has a shower.
  - She does her homework ..... she goes to bed.

10



**F** Read, choose and fill in. (8 marks)

- go, play, do
- in, on, at

I e.g. **go** scuba diving  
e.g. **in** the summer.  
It's fun!

I 1) .....  
hang-gliding 2) .....  
Saturdays. It's wonderful!

I 3) ..... golf  
4) ..... the weekend.  
It's a great game!

I 5) ..... table  
tennis 6) ..... the  
afternoon. It's great fun!

I 7) ..... gymnastics  
8) ..... Mondays  
and Thursdays.  
It keeps me fit!

8

**G** Read and write. (10 marks)

- e.g. I can play the piano!  
**I can play the piano, too!**  
I can't draw!  
**I can't draw, either!**
- 1 I can ride a bike!  
.....
  - 2 I can drive a car!  
.....
  - 3 I can't fly a helicopter!  
.....
  - 4 I can't ride a horse!  
.....
  - 5 I can speak English!  
.....

10

• Communication

**H** Read and fill in. (5 marks)

- Do you like soccer
- I think it's boring
- I'd love to
- What time does the game start
- Would you like to come
- Oh, yes. I think it's great fun

- a) A: e.g. **Do you like soccer**, Ray?  
B: No, I don't. 1) .....  
A: Do you like bowling?  
B: 2) .....
- b) A: I've got two tickets for the basketball  
game. 3) ..... ?  
B: Yes, 4) ..... !  
A: Good!  
B: 5) ..... ?  
A: It starts at four o'clock.

5

• Reading

**I** Look, read and write. (10 marks)

Every morning Kamal gets up at e.g. **6:30**  
**half past six**. He has breakfast and then at 1) **7:15**  
..... he goes to his dad's shop. He  
helps his dad until 2) **8:30** .....  
Then, he goes to school by 3) .....  
At 4) **4:00** ....., Kamal and Oscar  
go to the park and play 5) .....

10

• Writing

J Read and write **yes** or **no**. (6 marks)

Dear Kamal,

I've got two tickets for the basketball match on Thursday. Would you like to come? The match starts at six o'clock. We can meet at the bus stop at five.

We can go to Carmen's house after the match. Call me and let me know before four o'clock on Thursday.

Thanks,

Oscar

e.g. Kamal is writing to Oscar.

no

- 1 Oscar has got two tickets for the basketball match. ....
- 2 The match is on Sunday. ....
- 3 The match starts at 6:00. ....
- 4 They can meet outside the stadium. ....
- 5 Oscar can meet Kamal at five o'clock. ....
- 6 They can go to Carmen's house before the match. ....

	6
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K You've got two tickets for the hockey match. Write a note to your friend. (10 marks)

The Match of the Year!

Don't miss tonight's great hockey match!

It starts at 4:00.

- meet at my house at 3:00 o'clock?
- go to the cinema after match?
- call me before 2:00!

	10
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Total		100
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Tick (✓) the correct box.

Now I Know

	very well	OK	not very well
new words (everyday activities, sports)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
how to describe my daily routine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
how to talk about what I can and can't do	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
how to write a note to invite someone to a match	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Listen and fill in.

It's Saturday!



Every 1) ..... is just the same, I go to school and home again. I eat my 2) ....., I watch TV. It's the same routine from day to day!

No schedules for me today, No timetables – it's Saturday! I'm getting up late, I'm having 3) ....., I'm meeting my 4) ..... at half past one!

We all work hard 5) ..... days a week, But now it's time to take a break! So, forget your problems – ring your friend, I 6) ..... you have a great weekend!

